





# Registering for the Exam

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# Exam Ff16



# What To Do Now (during SOM)?

!! With each block

"! Annotate First Aid

"! Keep track of helpful materials/make your own brief study guides

#! “Prepare to prepare”

"! Zanki/Anki, Pathoma, Rapid Review, Boards & Beyond, Sketchy

#!







# Maintaining Health

!! Plan ahead for preventive care and crises

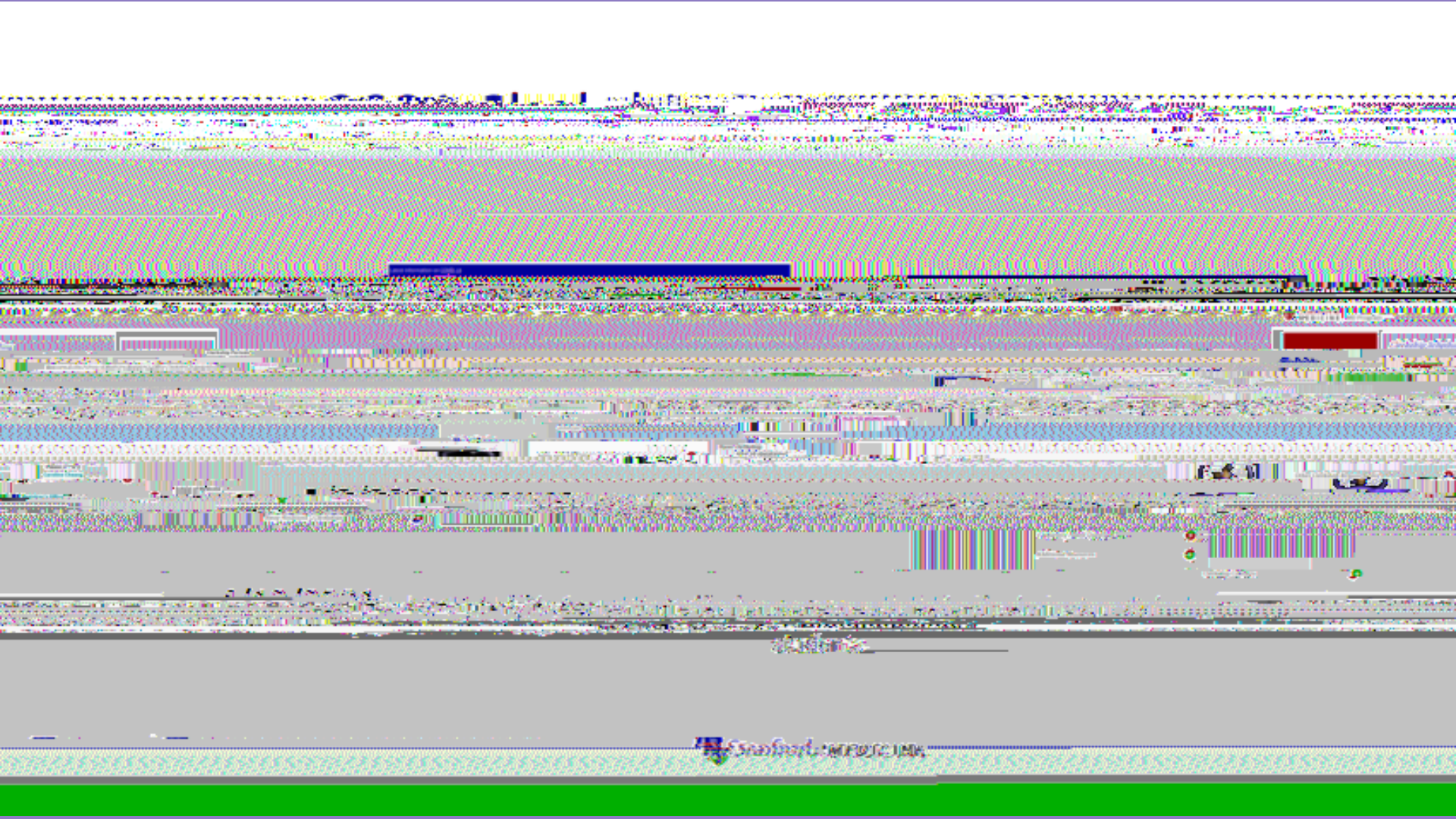
"! Schedule

#! Plan for break time that is guilt-free

"! Family/friends

#!





STADIUM